

Weekly Heat Briefing 06/29-07/05

KEY POINTS

- Dangerous heat is expected this weekend in many valley locations
- An EXCESSIVE HEAT WATCH has been issued for Saturday through Monday. Extra precautions should be taken to avoid heat-related illnesses.

WEATHER RISK OUTLOOK

Risk levels incorporate potential impacts from weather hazards and likelihood of occurrence.

	Thu 6/29	Fri 6/30	Sat 7/1	Sun 7/2	Mon 7/3	Tue 7/4	Wed 7/5
Nevada							
Las Vegas Valley							
Mesquite/Moapa Valley							
Mt. Charleston							
Pahrump/Amargosa Valley							
Caliente/Pioche							
Goldfield/Tonopah Area							
Arizona							
Colorado City/Arizona Strip							
Kingman/Golden Valley							
Colorado River Valley							
Laughlin/Bullhead City							
Lake Havasu City							
Lake Mead NRA							
California				-			
Barstow Area							
Morongo Basin							
Owens Valley							
Death Valley							

DETAILS

Extreme Heat Risk	
ें Heat	 This is a rare level of heat leading to an Extreme Risk for the entire population. Very dangerous to anyone without proper hydration or adequate cooling. This is a multi-day excessive heat event. A prolonged period of heat is dangerous for everyone not prepared. Poor air quality is likely. Power outages are increasingly likely as electrical demands may reach critical levels. Those at risk -Avoid being outdoors in the sun between 10AM and 5PM. -Stay hydrated. -Stay in a cool place throughout the day and overnight. -Fans will not be adequate cooling in buildings without AC. -Strongly consider cancelling outdoor activities during the heat of the day. -Check on your neighbors.

Major Heat Risk

ਾਂ 🕑 Heat	 Heat of this type represents a major Risk to all individuals who are 1) exposed to the sun and active of 2) are in a heat-sensitive group. Dangerous to anyone without proper hydration or adequate cooling. For those without air conditioning, living spaces can become deadly during the afternoon and evening. Fans and open windows will not be as effective. Poor air quality is possible. Power interruptions may occur as electrical demands increase. Those at risk -Try to avoid being outdoors in the sun between 10AM and 5PM. -Stay hydrated. -Stay in a cool place during the heat of the day. -Fans may not be adequate cooling in buildings with AC. -Cancel outdoor activities during the heat of the day.
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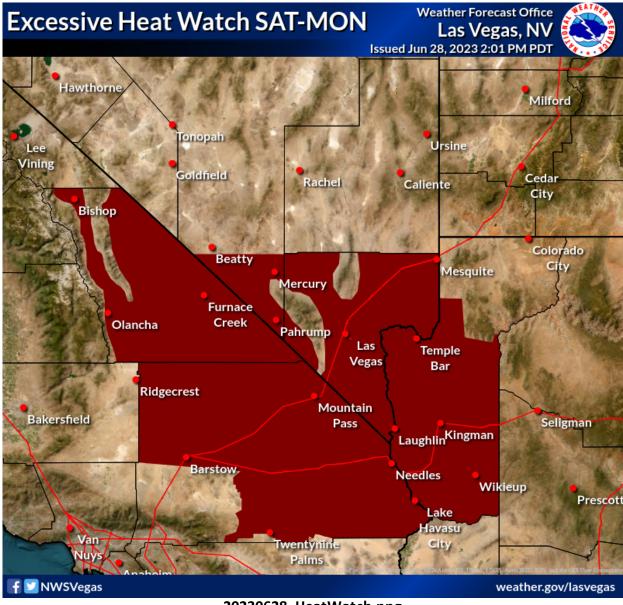
Moderate Heat Risk • Heat of this type is tolerated by many; however there is a moderate risk for members of heatsensitive groups to experience negative heat-related health effects, including heat illness. • Those at risk... -Reduce time in the sun between 10AM and 5PM. Heat -Stay hydrated. -Stay in a cool place during the heat of the day. -Move outdoor activities to cooler times of the day. -For those without air conditioning, use fans to keep air movement and open windows at night. **Minor Heat Risk** • Heat of this type is tolerated by most; however there is a minor risk for extremely heat-sensitive groups to experience negative heat-related health effects. • Those at risk... · Heat

- -Increase hydration.
- -Reduce time spent outdoors or stay in the shade when the sun is strongest. -Open windows at night and use fans to bring cooler air inside.

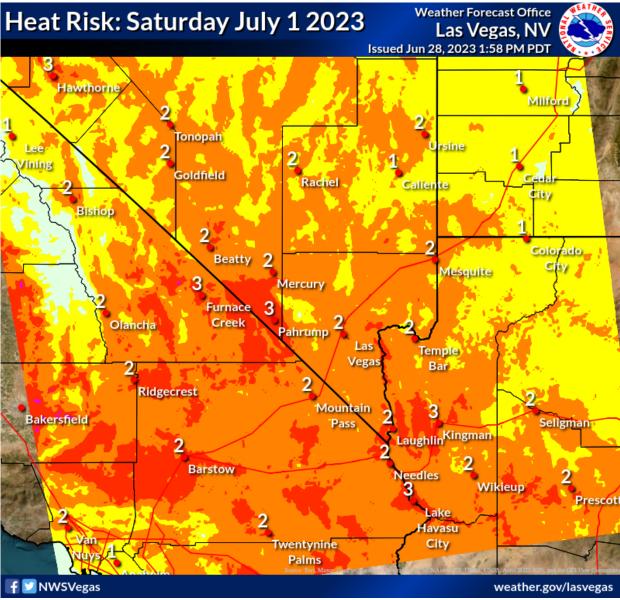
For the latest forecast updates, visit <u>weather.gov/lasvegas</u>. For the latest HeatRisk forecast, <u>Click Here</u>.

If you have questions or would like to submit weather reports, photos, or to unsubscribe from these briefings, email <u>nws.lasvegas@noaa.gov</u>or call (702)263-9750.

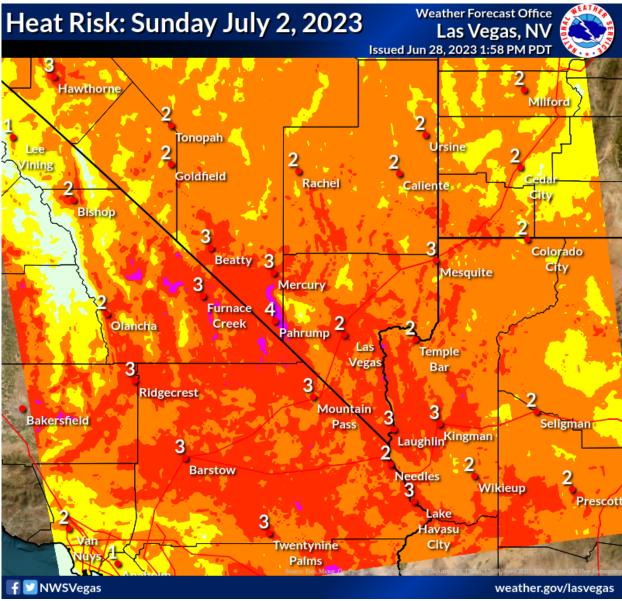
GRAPHICS



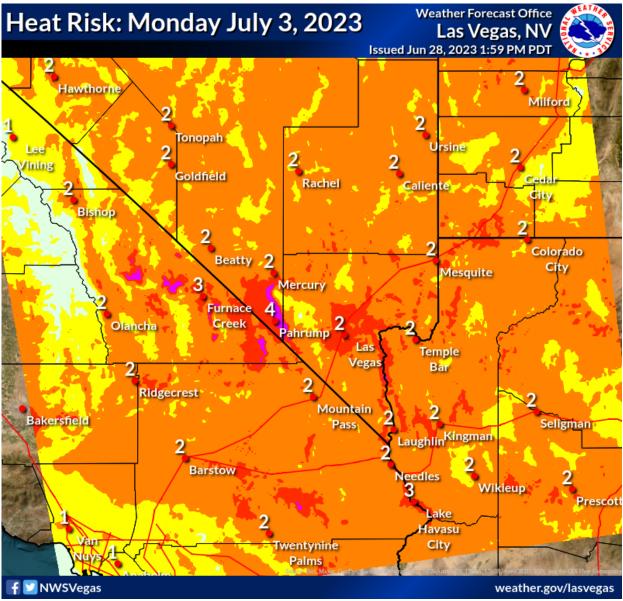
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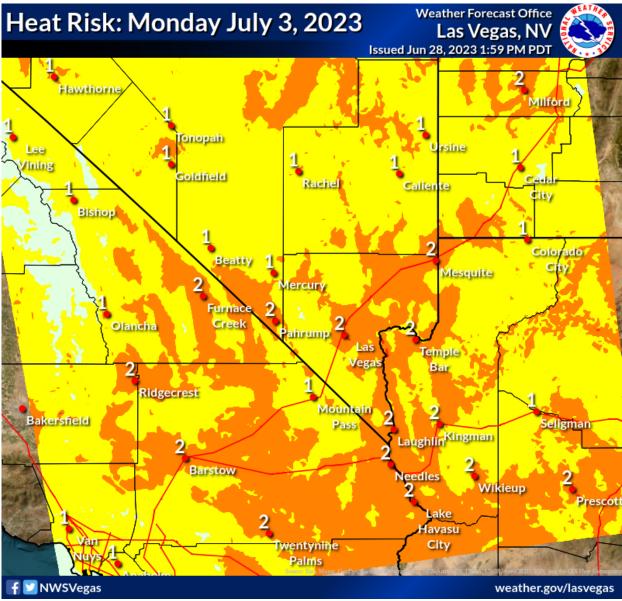
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